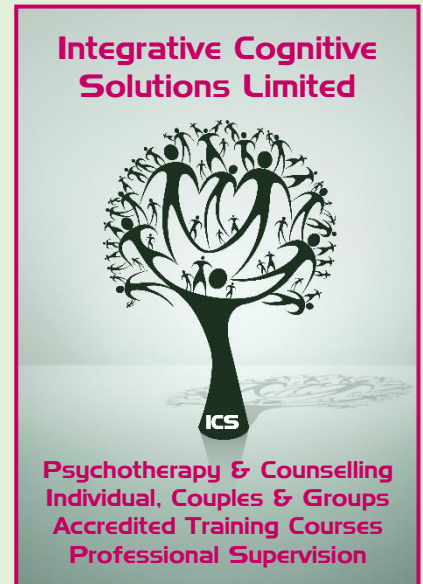


Level 7 Postgraduate Diploma in Traumatology & PTSD

A comprehensive and systematic approach for treating simple and complex PTSD in adults and children



About the Course

Lucia Hall wrote this course based on her experiences of supervising trauma. What she discovered was that, although trained, therapists struggled to implement trauma processes in a systematic and effective manner - especially with regards to complex trauma.

This course was extremely well received when it was introduced to an NHS team. The team expressed feeling skilled and empowered after this course and issued an invitation to Lucia to come back and teach further courses.

The course includes an additional weekend module teaching Cognitive Processing Therapy (CPT) which participants have found to be an excellent process that complements the other processes taught in the course and enables therapists to work more effectively with an even wider group of trauma clients. Lucia previously taught this course separately, but feedback has resulted in it being incorporated into this PG diploma course.

The course is available from 2021.

Course Outline Structure & Meeting Days

The course will be held on 2 days (Saturday & Sunday) at 10am - 4pm. The course starts at 10am on Saturday 1st October 2021.

Supervision sessions will be arranged in the fourth month of the course in order to allow time for participants to start working through the trauma process with trauma clients. Supervision will be in group format (up to four supervisees) for three hours each month for 12 months and is a requirement of the course. Supervision will be conducted online via Zoom.

There is an 80% attendance requirement, including the supervision requirement.

The course consists of solid, evidence-based theory, combined with large amounts of experiential work and supervisory components. The theoretical input encourages critical engagement with the theory and practice of trauma treatment. Assessment is ongoing throughout the course and aims to ensure that students are able to work with the dynamics and processes of trauma; that there is congruence between theory and practice. The course will also emphasise the multi-layered, multi-faceted processes of trauma treatment.

Course philosophy and theoretical orientation

This course caters for a range of professionals who wish to develop their role as trauma specialists: counsellors, therapists or psychotherapists, psychologists, managers of clinical teams. The syllabus covers treating adults as well as children and adolescents, the latter being addressed in two days of the course dedicated to two evidence-based treatments for traumatised children.

Effective trauma treatment is integrative as it utilises techniques from a variety of schools of thought. The trauma treatment approach taught on this course is not tied to any one approach, but uses aspects of many. As such it may be utilised effectively by practitioners from diverse theoretical backgrounds. We appreciate the training and approach that course members bring. Onto that foundation, we offer the opportunity to build a cohesive integrative way of working with trauma clients -

The course is taught at postgraduate level; course participants are expected to work academically on this basis. This includes the ability to evaluate theoretical concepts and a commitment to reflect critically and open-mindedly on the work. Discussion in the full group or smaller groups is as important as the tutor-taught components. The experiential process of development encourages participants to learn from one another as well as from the course tutors. The integrative philosophy underpinning this course fosters a multidisciplinary environment where theoretical differences and similarities are creatively valued. Participants are encouraged to integrate the ideas from the course into a personally coherent model of trauma treatment. Participants can be sure that at the conclusion they will have a comprehensive and systematic approach for treating complex PTSD in adults and children.

Clinical Requirement

Course participants will be required to document 30 hours of clinical work with trauma clients during the course, and this will include working with both Type I and Type II trauma experiences (simple and complex). More information will be given at the start of the course.

Course dates

2021 - 2022 (with supervision continuing until 2022). The start of the course will be on the weekend of (attendance on both days). The other provisional dates are detailed below.

Zoom enables us to use breakout rooms, which keeps much of the dynamics of the course in place and allows us to provide good feedback by observing practice sessions.

Course Fees

Participants are required to become members of 3

Our course is not inexpensive, but we are EXTREMELY confident that YOU will find it to be INVALUABLE and YOUR CLIENTS will discover it to be PRICELESS. It will transform your practice, resulting in the transformation of people's lives.

Deposit & Payment Plans

A deposit of £1,000 (is required with this application. If the course does not run for any reason this will be returned in full.

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Bank: Santander
Name: Integrative Cognitive Solutions Limited
Sort Code: 09-01-50
Account: 03881903
BIC: ABBYGB2LXXX
IBAN: GB14ABBY09015003881903

We have found Wise (wise.com - formerly known as Transferwise) to be very trustworthy and it is the cheapest reliable way we know to send money internationally. We have used Wise extensively. XE (xe.com) and World Remit (worldremit.com) make the transfers quicker and more automatically, but cost on average about 1% - 2.5% more than Wise due to their higher exchange rates (see table above).

We have only used XE a few times, but have found it to be good and efficient. XE has quite high satisfaction ratings since its merger with HiFX in January 2019. There are, of course, plenty of other options available for international money transfers, but banks are usually the most expensive.

About the Main Lecturer - Lucia Hall, MSc

Lucia Hall is a psychotherapist, European psycho-traumatologist, lecturer, communication coach, supervisor, clinical hypnotherapist and EMDR therapist. She is a certified trauma specialist and an expert in treating trauma, PTSD and the conditions that so often accompany them, such as anxiety, depression, nightmares and flashbacks. She was born and raised in Panama before moving to the United States where she was a social worker in the Family and Child Protection units in Detroit, Michigan. Lucia has a British husband and now lives in the UK.

Lucia studied her MSc. in Mental Health at Guy's Hospital, St Thomas' Hospital & Kings College School of Medicine/ Institute of Psychiatry. The main therapeutic approaches studied were Cognitive Behaviour Therapy (CBT) and Cognitive Analytic Therapy (CAT) – two excellent and complementary cognitive approaches.

Lucia has developed and added to that expertise by studying numerous other specialist courses, including a Diploma in Trauma and Abuse (Dip. PICT), a Diploma in Christian Counselling (from London Bible College, now the London School of Theology), Certificate from ESTSS in Psychotraumatology, she is an EMDR therapist (adult and children) and is trainer for MBTI (Levels 2 & 3). Additional specialised training includes Cognitive Processing Therapy (CPT), Schema Therapy, Solution Focused Therapy, CBT, Trauma-Focused CBT, Cognitive Behavioral Analysis System of Psychotherapy (CBASP), Lifespan Integration (LI), Behavioral Activation (BA), Written Exposure Therapy (WET), Imagery Rescripting and Reprocessing Therapy (IRRT), Prolonged Exposure Therapy (PET or PE), Narrative Exposure Therapy (NET & KIDNET) and various other trauma-focused processes.

As well as specialising in trauma and abuse, including being a consultant Traumatologist for the insurance and legal professions, she also has a great deal of experience in working with depression and anxiety. In addition, Lucia also has written and delivered number of accredited training courses.

Lucia is a member of many professional bodies including APA, BPS, EMDR UK, MBACP, NCP, ISTSS, CNHC and the PSA accredited register. She is a fellow of NCP for her contributions to the field of counselling and psychotherapy.



Postgraduate Diploma in Traumatology & PTSD

Dates for the Course 2021-2 Canada,

13:00-20:30 UK Time (08:00am - 15:30 Eastern)

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L7 PG Diploma in Traumatology & PTSD - Application Form

September 2021 - July 2022 Online for Canada

CANDIDATE INFORMATION

Surname	First Name	Title
Street Address 1		
Street Address 2		
Town/City	County	Postcode
Telephone No	E-mail Address	
Mobile No		

EDUCATION & MAIN PROFESSIONAL MEMBERSHIPS

Main Trauma Education:				
Main Counselling/Psychotherapy Education:				
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Highest level of education</td> <td style="width: 30%;">High school <input type="checkbox"/></td> <td style="width: 30%;">Undergraduate <input type="checkbox"/></td> <td style="width: 10%;">Postgraduate <input type="checkbox"/></td> </tr> </table>	Highest level of education	High school <input type="checkbox"/>	Undergraduate <input type="checkbox"/>	Postgraduate <input type="checkbox"/>
Highest level of education	High school <input type="checkbox"/>	Undergraduate <input type="checkbox"/>	Postgraduate <input type="checkbox"/>	
Main Counselling Model(s) used:				
Main Professional Membership (e.g. BACP):				

NEXT OF KIN/EMERGENCY CONTACT DETAILS

Name:	Relationship:
Phone 1:	Phone 2:

EQUAL OPPORTUNITES MONITORING

Do you have any of the disabilities below? [Please enter the appropriate code number(s)]		
None (98)	Visual impairment not corrected by spectacles (01)	Hearing impairment (02)
Disability affecting mobility (03)	Medical condition, e.g. asthma (05)	Emotional/behavioural difficulties (06)
Mental ill health (07)	Temporary disability after injury (08)	Profound/complex disabilities (09)
Asperger	Multiple disabilities (90)	Other physical disability (04), please state

LEARNING DIFFICULTIES

Do you have any of the disabilities below? [please enter the appropriate code number(s)]		
None (98)	Moderate learning difficulty (01)	Severe learning difficulty (02)
Dyslexia (10)	Dyscalculia (11)	Dyspraxia (19)
Autism spectrum disorder (20)	Multiple learning difficulties (90)	

(continued)



REASONS FOR WANTING TO DO THIS COURSE

Click or tap here to enter text.

NCP :1 7MEMBERSHIP 12 / 03 4 / 05 . 6 / 12 7 / 6 . 022168% 34% 1.1 % 168

This Postgraduate Diploma in Traumatology & PTSD is a professional qualification accredited by the National Council of Psychotherapists (NCP). International students will need to become trainee members of the international branch of the NCP, the International Council of Psychotherapists (ICP). At the time of writing, the trainee membership fee was just £25.

DECLARATION

By signing below I hereby certify that the information contained in this application is honest and correct to the best of my knowledge. I also certify that I will comply with the terms and conditions outlined in this application document.

Please note that false information could result in dismissal from the course and/or refusal to award a course completion certificate.

Name:

Date:

Click or tap to enter a date.

Signature:

